

Tantra Jaar Training 2018-2019 Week 1 - Dag Volgorde

| | Ma | Di | Wo | Do | Vr | Za | Zo |
|--|---|--|--|---|--|--|--|
| | 10-sep | 11-sep | 12-sep | 13-sep | 14-sep | 15-sep | 16-sep |
| 7:00-8:30 Ochtend -Actieve Meditatie -9:00-11:00 Ontbijt | | -Dans -Kundalini | -Dans -Hart Chakra | -Dans -No Dimentions | -Dans -Sufi Richtingen | -Dans -Chakra Breathing | -Dans -Nada Brahma |
| s Middags van ca 12:30-16:00 | | -Dans -Uitleg PC Uitgebreid -Uitleg Tantra Historie Literatuu -Ucchara Mini | -Dans -Lezing verschil Tantra & Yoga -Prana Mudra -Sharing | -Boswandeling -Labirinth -Sharing Space | -Dans -Nadi Sodhana -AUM Ucchara | -Dans -Sufi Pranayam -Sufi Chakra Breathing | -Dans -Cirkel Let Go -Schoonmaken -Maaltijd We Are People Cirkel Dans Hug - Afscheid |
| s Avonds van ca 19:30-21:45 | -Dans -Hart-Seks min PC -Pauze -Kin-Hin -Hartengroet | -Wilde Dans -Kundalini Luid -Hong Sau | -Dans -Who is Inn | -Dans -3de Oog | -Lange Discourse -Dans -Sharing | -Video Chakras Kundalini Part 1 -History & Evolution -Chris Tompkins | |
| Mantra van ca 21:30-22:00 | | -Adi Shakti Teaching | -Aakhan Jor | -Bliss | Ardas Bahee | | |
| | Coming alive | | Krishnananda & Amana | | Meditaties: | http://www.wajid.nl/ | |
| | This Is The Day | | Jaya Lakshmi | | Dans: | https://www.nataraj.info/ | |
| | Heart Mantras | | Sirgun Kaur & Sat Darshan Singh | | Dans Eindhoven: | http://www.eindhovendanst.nl/ | |
| Didgeridoo | Red Rhythm Dragon | | James Asher | | Mantra-HKrhna | https://naamhat.blogspot.nl/ | |
| Didgeridoo | Vuur - Nungabunda | | Ganga Giri | | | | |
| Wahe Guru - Sneller | Rakhay Rakhanhaar | | Jaya Lakshmi and Ananda | | | | |
| Sufi | Meditation of the Directions | | Jabrane Mohamed Sebnat | | | | |
| Diverse Dans Mantras | | | Ananda Yogiji & Jaya Lakshmi | | | | |
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